



# Interpersonal Relationships (IPV and Resources)


*Presented by staff of Community Support Services*

## DVSB Guest Speakers:

*Marielle & Pamela*



# Expectations and Trigger Warning

- We have the expectation of believing people who come forward as victims of domestic violence and believe in being empathetic towards survivors
  - Presentation will have discussions of abuse that can be triggering for people who have experienced abuse in a relationship or who have experienced sexual assault
  - If you need to step out or need a break at any time, feel free to do so
  - Restrooms: You will need to take a badge to get back into this room. Restrooms are in the “Oasis” area. Make a left out of the room and go straight, then make another left once in the Oasis area.
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# Domestic Violence Overview





# What Terminology should we use for DV?

## Domestic Violence (DV)

- Commonly used in broader culture, useful for building support for a national cause

## Intimate Partner Violence (IPV)

- More specifically defines the violence, often used in research abstracts

## Domestic Abuse/Partner Abuse

- Often preferred terms due to the implication of a pattern/repeating offenses
- Partner abuse is more inclusive/specific

## Power-Based Violence

- A modern term used to describe the **category** of violence that Domestic Violence falls under
- Other types of Power-Based violence include **sexual violence/sexual assault, bullying, teen dating violence, and human trafficking.**

## Teen Dating Violence (TDV)

- Commonly used in broader culture for abuse in teen relationships, useful for building support for a national cause

## Dating Abuse


- A useful term for teens and adults that implies a pattern/repeating offenses



# Warmup Questions

- *Is it okay to check your partner's phone?*
- *Jealousy... okay or not okay in a relationship?*
- *Is it okay to want a protective partner?*






# Myth or Fact – You Choose

- **Victims can just easily break up if they want to.**
- **Domestic violence is a private family matter**
- **Domestic violence is a one time, isolated incident.**

**Myth!** Fear, lack of safe options, inability to survive economically, no family support, isolation, threats of harm to victim and their children, having children with the abusive partner, strong feelings/ties to the abuser, all make it very hard to leave!

**Myth!** DV incurs substantial costs to society, perpetuates abuse through generations, and can seriously harm children physically and mentally. A core part of abuse is isolating the victim.

**Myth!** If DV happens once, it will happen again and escalates over time unless the abuser chooses to change his/her behavior.

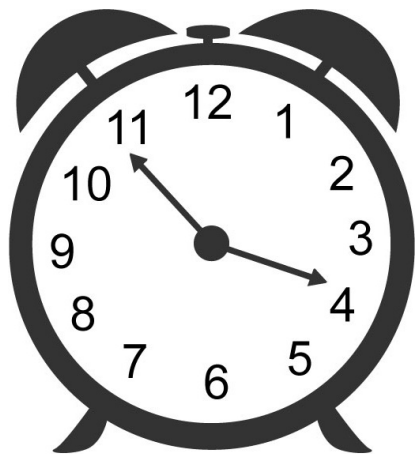


# DOMESTIC VIOLENCE IS NOT:

- Poor anger management/bad temper
- Caused by alcohol or drug use
- Mental health issue
- An issue to be resolved in couples counseling



# DOMESTIC VIOLENCE IS:




- A slow and pervasive process
- Occurs over time
- **A LEARNED BEHAVIOR**





# Common Characteristics of DV Offenders

- Public vs. Private behavior - “image management”
  - Power, control, and manipulation
  - Projecting blame
  - Claiming loss of control
  - Claiming problem with anger
  - Minimizing and denying the abuse
  - Self-defense or retaliation
  - Failure to take responsibility
  - Insecurity
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# Definition of Partner Abuse

A **pattern** of **power** and **control**  
over an intimate partner.





# Types of Partner Abuse

## 1. Physical


- Hitting
- Pushing
- Pulling someone against their will
- Preventing someone from leaving
- Strangling: Increases risk of being killed by partner 10x

## 2. Verbal

- Namecalling
- Put downs
- Yelling
- Intimidating someone
- Threats

## 3. Emotional

(aka Mental/Psychological)

- Lowering someone's self-esteem
  - Belittling, Criticizing
  - Comparing to others
  - Constantly blaming the other
  - False accusations of flirting/cheating
  - Minimizing your opinions/concerns
  - Isolation from friends/family
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# Types of Partner Abuse Cont.

## 4. Sexual

- Anything Without Consent
- Rape/Sexual Assault
- Coercion
- Pressuring to go further than your comfort level
- Birth control manipulation

## 5. Financial

- Controlling the money
- Wanting to make all the financial decisions
- Making the other person dependent on you
- Always criticizing what their partner spends money on
- Getting their partner fired from their job


## 6. Digital

- Using technology to track someone
- Constantly calling/messaging someone
- Posting negative things, sensitive information
- Sharing exposing photos



# Sexual Coercion & Sexual Abuse

*Sexual assault or forced sex occurs in approximately 45.4% of battering relationships.*

- Victims participate in sexual activities with partner **out of fear**, not because they want to.
  - **Getting partner pregnant** (refusing to use or lying about using protection or stealing birth control pills).
  - **Forcing partner** to have or **preventing a partner** from having an abortion.
  - **Drugging partner** in order to get sex.
  - Using partner as a **sexual object**.
  - **Physically forcing** sexual contact against partner's will.
  - **Transmitting sexual diseases** to partner.
  - **Disrespecting** "safe words" or boundaries during sexual role play.
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# At-Risk Populations



# Abuse in Migrant Communities

- Isolation – Language, interacting with others
- Intimidation – Destroying legal documents, passports, etc
- Threats – To go to authorities about legal status
- Manipulation – Citizenship
- Financial abuse – Get them fired, reporting undocumented status
- Leveraging children – Threatening to take them away
  
- <https://www.womenslaw.org/>
- Undocumented survivors of domestic violence/other crimes (ex. human trafficking, sexual assault) have legal options and should seek legal support. **Possibility of U-Visa:**  
<https://www.dhs.gov/sites/default/files/publications/U-Visa-Immigration-Relief-for-Victims-of-Certain-Crimes.pdf>
- <https://www.safealliance.org/programs/victim-assistance-court-program/>
  - Court assistance local to Charlotte-Mecklenburg



# People with disability

- Abuse can cause temporary or permanent disability.
- People with disabilities experience higher rates of domestic violence, sexual assault, and abuse.
- People with disabilities face additional barriers when seeking help.
- Violence, assault, and abuse against people with disabilities often takes on non-traditional forms.
  - Telling you that you “aren’t allowed” to have a pain flare up.
  - Stealing or withholding Social Security Disability checks.
  - Telling you that you’re a bad parent or can’t be a parent because of your disability. Invalidating or minimizing a disability with claims that you’re “faking it.”
  - Using a disability to shame or humiliate.
  - Refusing to help you complete necessary life tasks, including using the bathroom or dispensing medication. Withholding or threatening to withhold medication, or intentionally giving you incorrect doses by over-medicating or mixing medications in a dangerous or non-prescribed way.







# Resource and Services



# Safe Alliance



**safealliance**<sup>™</sup>

WHERE HOPE & HEALING BEGIN

# Clyde and Ethel Dickson Domestic Violence Shelter

- 80 Beds
- Apartment Style Suites
- Multi-Purpose Space
- Security





# Victim Assistance Court Program and Legal Representation Program

## In-Office Advocates

- Crisis Intervention
- Court Education
- Assistance with completing Domestic Violence Protection Order Paperwork
- Photographic Documentation of Injuries/Evidence
- Community Referrals
- Community Applications
- Safety Planning

## In-Court Court Advocates

- Court Accompaniment
- Court Education
- Outreach
- Safety Planning

## Legal Representation

- Staff Attorneys
- Pro Bono Attorneys
- Legal Aid
- Charlotte Center for Legal Advocacy



**safealliance**<sup>™</sup>  
WHERE HOPE & HEALING BEGIN

# Sexual Trauma Resource Center

- 24/7 Hotline
- Advocacy
- Crisis Intervention
- Community Referrals
- Hospital Accompaniment
- Safety Planning
- Counseling
- Support Groups
- Lake Norman Office
- Community Trainings



# Hope Is Calling

PARENT  
SUPPORT  
DOMESTIC  
VIOLENCE  
SEXUAL  
ASSAULT

**980.771.HOPE**  
4673

Greater Charlotte Hope Line

**24/7** COMPASSION • CARE • RESOURCES

## Greater Charlotte Hope Line

- 24/7 hotline in Mecklenburg County
- Professional hotline advocates with over 80 hours of cross-disciplinary training
- Parenting support, domestic violence, and sexual assault
- Services: education, emotional support, and referrals



# Mecklenburg County

## Prevention and Intervention Services Division







# Adult Services

- Individual counseling
- Group counseling
- **Domestic Violence Liaison Services for CSS stationed at DSS locations for consultation and referrals for any cases of domestic violence**

Clients seeking services:

**704-336-3210**

- Bilingual (English and Spanish) reception

Questions about DV Liaison Services: [Sandra.Hammond@mecklenburgcountync.gov](mailto:Sandra.Hammond@mecklenburgcountync.gov)

Questions about Adult Services: [Maria.Zuluaga@mecklenburgcountync.gov](mailto:Maria.Zuluaga@mecklenburgcountync.gov)



# Children's Services

- For children and teens:
  - HERO (Counseling for child and youth exposed to domestic violence, ages 2-18)
  - Teen Dating Violence (Counseling for any teens experiencing dating abuse)
  - REACH (For any teens exhibiting abusive behaviors)

Parents/Guardians seeking services:

**704-336-3210**

Services Questions:

[Monika.Cambric@Mecklenburgcountync.gov](mailto:Monika.Cambric@Mecklenburgcountync.gov)



# Supervised Visitation and Safe Exchange Center

- Parents looking for safe exchanges of their children
- Safe visitation with supervision by facilitators
  - Threats/communication intended for other parent are not allowed to be passed through children
- **Clients seeking services: 980-314-8680**
- Bilingual facilitators/reception in English/Spanish
- Services Questions: [Timothy.Bradley@mecklenburgcountync.gov](mailto:Timothy.Bradley@mecklenburgcountync.gov)



# New Options for Violent Actions (NOVA)

- 26-week program for offenders of domestic violence
- State-certified
- Now offering virtual presentations

## Referrals:

Candidates for admission must be court-ordered  
or referred by another agency or individual.

Volunteers are accepted under certain criteria.

- **Clients seeking services: 704-336-4344**
- Services questions:  
[Donavan.Grant@mecklenburgcountync.gov](mailto:Donavan.Grant@mecklenburgcountync.gov)



# Contacting Us

- Potential clients must **call** to set up appointments/services using the main number.
- Referral Forms can be submitted by community partners to provide additional information; however, potential clients will still need to take the step to **call** to start services.



**704-336-3210**

<http://css.mecknc.gov>

# Domestic Violence Protective Order (DVPO)

Also known as:

- Restraining order
- 50-B/DVPO
- 50-C/No Contact Order





# Qualifications for Protective Order – nccourts.gov

You can file for a DVPO against anyone with whom you have one of the following relationships:

- spouse or ex-spouse
- a person who currently or previously lived with you or in the same household as you
- a person with whom you have a child
- **a person with whom you have had a dating relationship** (Prior to December 2021, this was limited to "opposite sex dating relationships")
- or a parent, child, grandparent, or grandchild.



### ***Additional Community Services:***

- **Florence Crittenton Services** **704-372-4663**
- Support and shelter for pregnant adolescents, women, and their families
- Department of Social Services** **980-314-3577**
- 24-hour hotline for suspected child abuse or neglect
  - **Crisis Assistance Ministry** **704-371-3001**
- Provides emergency financial assistance, clothing, and household items
- Charlotte Center for Legal Advocacy** **704-376-1600**
- Civil legal assistance for low-income people in Mecklenburg County
- Legal Aid of North Carolina** **866-219-5262**
- Civil legal assistance for low-income people in Mecklenburg County
  - **Time Out Youth Center** **704-334-8335**
- Provides support, hangout, and counseling for LGBTQ+ youth and families
- Domestic Violence Pet Sheltering Program** **704-574-7784**
- Pet sheltering for victims fleeing an abusive partner

### ***Surrounding County Domestic Violence Shelters/Support:***

- Cabarrus County: CVAN** **704-788-2826**
- Gaston County: Domestic Violence Shelter** **704-852-6000**
- Union County: Turning Point** **704-823-7233**
- Iredell County: My Sister's House** **704-872-3403**
- South Carolina Domestic Violence Hotline** **803-329-2800**



# DV Training

[CSSPrevention@MecklenburgCountyNC.gov](mailto:CSSPrevention@MecklenburgCountyNC.gov)

